

Full Report (All Nutrients) 45109902, CHILI'S, CAJUN-STYLE CHICKEN ALFREDO, UPC: 717854470148

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Bellisio Foods Inc

Nutrient	Unit	Data points	Std. Error	284.0 g 284g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	389	137
Protein	g	--	--	24.99	8.80
Total lipid (fat)	g	--	--	12.01	4.23
Carbohydrate, by difference	g	--	--	43.99	15.49
Fiber, total dietary	g	--	--	3.1	1.1
Sugars, total	g	--	--	5.00	1.76
Minerals					
Calcium, Ca	mg	--	--	199	70
Iron, Fe	mg	--	--	2.70	0.95
Sodium, Na	mg	--	--	750	264
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	65.9	23.2
Vitamin A, IU	IU	--	--	1500	528
Lipids					
Fatty acids, total saturated	g	--	--	5.992	2.110
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	71	25

Amino Acids

Other

Ingredients
COOKED ENRICHED MACARONI PRODUCT (WATER, DURUM SEMOLINA [ENRICHED WITH NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID]), WATER, COOKED CHICKEN BREAST STRIPS WITH RIB MEAT (BONELESS SKINLESS CHICKEN BREAST STRIPS WITH RIB MEAT, WATER, SEASONING [MALTODEXTRIN, SALT, SUGAR, CHICKEN STOCK, VEGETABLE STOCK {CARROT, ONION, CELERY}, FLAVORS, CARROT POWDER, GARLIC POWDER], MODIFIED FOOD STARCH, SODIUM PHOSPHATES, SOY PROTEIN CONCENTRATE, SALT), HALF AND HALF (MILK, CREAM), LESS THAN 2% OF ASIAGO CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), GRATED CHEESE BLEND (PARMESAN, ROMANO AND ASIAGO

CHEESES [CULTURED COW'S MILK, SALT, ENZYMES], NATURAL FLAVOR, CELLULOSE, SALT), DRIED GREEN AND RED BELL PEPPERS, CHEESE FLAVOR (ENZYME MODIFIED CHEESE AND BUTTER [CHEDDAR CHEESE {PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES}, BUTTER, CHEESE CULTURE, ENZYMES], WHEY, BUTTERMILK SOLIDS, SALT, SODIUM PHOSPHATE, LACTIC ACID), MODIFIED FOOD STARCH, GREEN ONIONS, SALT, CANOLA OIL, SPICES, YEAST EXTRACT, GRANULATED GARLIC, PARSLEY FLAKES, GRANULATED ONION, XANTHAN GUM, DISODIUM PHOSPHATE. *Date Last Updated by Company:* 05/18/2016